

Instructions for Stool Kit Collection

Deliver stool to Laboratory within 20 hours

Before collecting the specimen

- **DO NOT** use a laxative or stool softener for 24 hours prior to collecting the stool specimen.
- Empty bladder completely. Stool must not come into contact with water or urine.
- Label all containers with:
First and Last Name, Date of Birth, Date and Time of stool collection.

How to collect the specimen

- Collect stool into a clean and dry disposable container, or plastic wrap placed under the toilet seat.
- **DO NOT** let water touch the specimen.
- Use the collection spoon provided in the cap of the container to transfer stool into the vial and recap. Repeat this process for each vial below. Transfer slimy, bloody, or liquid stool when present.

Add stool to vials in the order shown.



After collecting the specimen

- Secure caps on all containers tightly.
- Shake vials 2 and 3 to mix.
- Wash hands thoroughly.
- **PLEASE NOTE:** Deliver your stool sample along with the lab order to the Laboratory **no later than 20 hours after collection.**
If only enough stool for Vial 1, deliver no later than 2 hours after collection.

Where to deliver your specimen

Concord Hospital-Concord, Concord Hospital-Laconia or Concord Hospital-Franklin
Main Laboratory locations
Specimen Drop-off available 24 hours a day, seven days a week.

If you have any questions about specimen collection, please contact one of our Laboratory locations listed below for more information:

Concord Hospital Laboratory - Concord (603) 227-7050
Concord Hospital Laboratory - Laconia/Franklin (603) 524-3211 x3200